

2022 Spring Grant Making – Young Women’s Giving Council Awards

Black Girls Break Bread	Young Women’s Giving Council Health	Award: \$5,000
<p>Project Name: General Operating Support</p> <p>Organization Description and Proposed Use of Funds: Black Girls Break Bread is a 501c3 non-profit organization that provides social emotional wellness programming for Black women and girls with a focus on improving overall health and wellness and reducing racial disparities.</p> <p>Black Girls Break Bread continues to seeks to establish and enhance a pilot for a collaborative care model between FQHCs, local hospitals, community-based organizations and cross-sector entities and agencies in maternity-care deserts to increase access to maternity-care in underserved communities on Chicago’s South Side. The intersection of institutions in creating an equitable landscape is critical. The concept that Black Girls Break Bread will leverage is moving beyond collective impact to collaborate for equity and justice. Though our non-profit organization began with a focus on providing cultural-based interventions through the creation of intergenerational safe spaces as a means of social and emotional wellness it strengthened its advocacy and policy reform work. These injustices manifest in increased anxiety-related responses, chronic physical illnesses, and severe mental health disorders. Therefore, the need for mental health services increases among those who experience these injustices while residing in places where they are food insecure and/or encounter issues with food quality. The primary focus of our mission is to advocate and support the health and wellness of our communities. Since the Covid-19 pandemic not only have we provided food and essential goods to those experiencing food insecurity, masks and baby supplies for pregnant and postpartum persons, but we have also been collaborating with licensed Black women therapists to provide free access to mental health services. This is an initiative that additional funding and support would allow us to continue and expand and specifically provide access to all pregnant, postpartum, birthing persons, and single mothers.</p>		