Chicago Foundation for Women invests in women & girls as catalysts, building strong communities for all.

CFW funds solutions to the biggest problems facing women & girls: economic insecurity, violence, and access to health care and information.

The 100% Project, powered by CFW, is an all-in, all-out effort to increase women’s economic security & end gender bias in the Chicago region by 2030.

What’s the first step to getting there? Talking about the issues! That means women and girls, men and boys sitting down and having a conversation about gender bias and how it impacts us all.

Join us!

What could we achieve if we eliminated gender bias?

How many of society’s most difficult problems could we solve if women and girls had a seat and a voice at the table?

These questions are more relevant today than ever. Many of us are looking for ways to make change in the wake of the 2016 elections. We need tools to build bridges across communities and new ideas for keeping women’s issues at the forefront.

If we are to end gender bias in our lifetime, we must give voice to the ways gender bias affects us all, and to work together to develop creative solutions.

We need your voice at the table.

This is what Talk It Out is all about.
WHAT DOES GENDER BIAS MEAN TO YOU?

What do you think are the most pressing challenges facing women and girls today?

How have the recent elections affected how you think about gender bias?

HOW TO HOST

Anyone can host Talk It Out. Gather neighbors, friends, family, or colleagues to have conversation over coffee, a meal, as part of your book club or faith group. You don’t have to be an expert to host; there is no right or wrong kind of conversation to have, just create a welcoming space where different points of view are welcome & respected. Here are some suggestions to get you started.

STARTING THE CONVERSATION

- What does gender bias mean to you?
- What do you think are the most pressing challenges facing women and girls today?
- How have the recent elections affected how you think about gender bias?

Gender at Home

- How do you divide responsibilities in your home?
- What does it mean to be a 50/50 partner?

Gender & Careers

- What actions can you take to end gender bias in your workplace? This video has some good examples to start the conversation.

Gender & Media

- How do you think media reinforces gender bias?
- What role can media play in eliminating gender bias?

WRAP UP THE CONVERSATION

- How did this conversation change how you think about gender bias? What actions will you take to address gender bias in your own life or organization?
- What can men and boys do to support gender equality?
- What would it take for you to make advancing gender equity your passion?

TIPS & TRICKS

- Location, location, location. Host a conversation at home, work, the local coffee shop, a community center or your house of worship.
- Get people thinking ahead of time. Include an article or video introducing the concept of gender bias in your invitation.
- Keep it small. Try to keep groups under 15 people; in larger groups spend a few minutes letting participants share some thoughts with a partner or in a small group so everyone is heard.
- Go beyond “the usual suspects.” Bring together new people for new perspectives.
- Create a safe space. Remind everyone to be respectful of different views or experiences.
- Don’t talk over or interrupt others.
- Be open, be patient!
- Visit www.cfw.org/talkitout for more resources.
PLANNING TO TALK IT OUT

Need some help getting started? We put together a sample invitation and social media posts. These are just guidelines. Feel free to personalize the invitations and really make it your own!

SAMPLE INVITATION

Dear NAME,

Over the last few months, we’ve witnessed the beginning of a nationwide conversation about gender and what it means to be a woman in the United States in 2017. We’ve seen women from all walks of life come forward to make their voices heard and to share their experiences with gender bias. If we are going to achieve true gender equity in our lifetime, we need to continue to talk about the ways gender bias affects us all and to work together to develop solutions.

On DAY, March DATE, I will be hosting Talk It Out as part of The 100% Project at Chicago Foundation for Women, an all-in, all-out effort to end gender bias by 2030. I would love it if you would join me for a conversation exploring the ways gender bias impacts our lives and our community, and how we can all help end it. Are you able to make it?

When: DAY, March DATE, at TIME

Where: LOCATION

These conversations are an important part of identifying gender bias in our daily lives, and how we can take action to ensure girls and boys alike thrive in the Chicago region. I hope you’ll be able to join us.

SAMPLE SOCIAL MEDIA POSTS

Looking for ways you can help end gender bias, and create a more just Chicago for women and girls? Join me for Talk It Out on DATE, where we will explore the ways gender bias impacts our daily lives and our community, and how we can all help end it. Want to be a part of the conversation? Find more at www.cfw.org/talkitout #TalkItOut

@ChiFdn4Women is working to end gender bias by 2030 & we need your help. #TalkItOut explores gender bias & how we can all help end it.

Join the conversation about gender bias. #TalkItOut March 26 - April 1 & be one of #100PercentCHI. Find more at www.cfw.org/talkitout
WHAT’S NEXT?

☑️ Document the solutions that come out of your conversation. Share those ideas with CFW at www.cfw.org/talkitout or email us at 100percent@cfw.org

☑️ See what other people are saying: use #TalkItOut and #100PercentCHI to share your conversations and follow others across the region.

☑️ Join CFW for a Twitter chat on Wednesday, March 29 at noon to share what you learned.

☑️ Sign up to be one of the 100% at www.cfw.org/100-percent/#be-one, so we can stay in touch and keep you updated on our progress.

☑️ Help us make Talk It Out better! Hearing what you learned, and the solutions you developed will help CFW shape resources and tools to support gender equity. Keep an eye out for the host survey!

Thank you for joining CFW to Talk It Out. By participating in Talk It Out, you are a partner in The 100% Project and are helping CFW get closer to our goal of ending gender bias by 2030.

DON’T FORGET!

Follow Chicago Foundation for Women on social media to see how other Chicagoans plan to end gender bias and to learn more about The 100% Project. #TalkItOut | #100PercentCHI