

# What is age-appropriate?\*

Age-appropriate has a unique, subjective meaning for each community and classroom. Still, it is an important standard to consider when deciding the best way to disseminate information. Our expert panel concluded that information about sex is appropriate based on any number of factors, including but not limited to age. For the purposes of this curricula review project, a curriculum is deemed age-appropriate if it:

- o Contains information, skills and knowledge that are relevant and understandable for the intended audience.
- o Addresses issues in sync with the intended audience's current experience while also helping to prepare for future decisions.
- o Discusses issues with the language, breadth and depth necessary to effectively convey information and build on previous knowledge.
- o Is compatible with the values and behavior trends of the intended audience's community.

\* Definition provided by ICAH Sex Education Curriculum Content Review 2007. Page 8.